



HOME DELIVERED MEALS PUREE MENU

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	MENU WEEK ROTATION 2010 - 2011	
Monday	Pureed Meatloaf w/ Brown Gravy Pureed Boiled Potatoes Pureed Peas Mighty Shake Pureed Tropical Mixed Fruit	Pureed Beef Stew w/ Carrots, Corn, Onions and Potatoes Pureed Peas Mighty Shake Custard w/ Whip Topping	Pureed Baked Ziti w/ a Meatball and Marinara Sauce Parmesan Cheese Pureed Spinach Pureed Italian Veg. Mighty Shake Butterscotch Pudding	Pureed Fiesta Fish (Unbreaded Fish Loin) w/Mild Pureed Salsa Sauce Pureed Potatoes Pureed Carrots Mighty Shake Pureed Mixed Fruit	Apr. 5 - week 1 Apr. 12 - week 2 Apr. 19 - week 3 Apr. 26 - week 4 May 3 - week 1	Please help us cover costs. A donation of \$2.50 is requested.
Tuesday	Pureed Chicken w/ Creamy Italian Sauce Puree Penne Pasta Puree Carrots Mighty Shake Cinnamon Applesauce	Pureed Macaroni & Cheese Pureed Spinach Mighty Shake Pureed Apple Sauce	Puree Roast Turkey w/ Gravy Pure Parsley Potatoes Mashed Butternut Squash Might Shake Puree Mixed Fruit	Pureed Cheese Lasagna Tomato Sauce/pureed meatball Pureed Broccoli Pureed Summer Squash Mighty Shake Pureed Pears	May 10 - week 2 May 17 - week 3 May 24 - week 4 May 31 - week 1 June 7 - week 2 June 14 - week 3 June 21 - week 4 June 28 - week 1	
Wednesday	<u>"Cold Plate"</u> Vegetable Juice Pureed Tuna Salad Pureed Potato Salad Pureed Beet Salad Mighty Shake Pureed Peaches	Pureed Baked Fish (Haddock Unbreaded) w/ Creamy Red Pepper Sauce Pureed Broccoli Pureed Carrots Mighty Shake Pureed Pears	Pureed Chicken Marsala w/ Gravy Pureed O'Brien Potatoes Pureed Tuscany Blend Vegetables Mighty Shake Jell-O w/Topping	Pureed Baked Chicken Breast w/ Gravy Pureed White Rice Pureed Peas Mighty Shake Tapioca Pudding w/Whipped Top	July 5 - week 2 July 12 - week 3 July 19 - week 4 July 26 - week 1 Aug. 2 - week 2 Aug. 9 - week 3 Aug. 16 - week 4 Aug. 23 - week 1 Aug. 30 - week 2	This menu is on a 4-week, rotating schedule. To determine the current week's meals find the calendar week above and find the corresponding menu week to the left.
Thursday	Pureed Roast Turkey/w/ Gravy Mashed Sweet Potatoes Pureed Green Beans Cranberry Sauce Mighty Shake Jell-O w/ Whip Topping	Pureed Stuffed Shells w/ a Pure Meatball and Side of Marinara Sauce Pureed Green Beans Mighty Shake Pureed Tropical Fruit Mix	Pureed Baked Fish (Unbreaded Fish Loin) w/ Florentine Sauce Pureed Sweet Potato Pureed Zucchini Mighty Shake Apple sauce	Pureed Pot Roast w/Brown Gravy Mashed Sweet Potatoes Pureed Cauliflower Mighty Shake Jell-O w/ whip topping	Sept. 6 - week 3 Sept. 13 - week 4 Sept. 20 - week 1 Sept. 27 - week 2	
Friday	Pureed American Chop Suey w/ Beef and Side or Marinara Sauce Pureed Zucchini Mighty Shake Chocolate Pudding w/ Whip Topping	Pureed Greek Chicken w/ Sauce Pureed Boiled Potatoes Pureed Spinach Mighty Shake Pureed Peaches	Pureed Beef Stir Fry w/ Sauce Pureed Brown Rice Pureed Red Pepper, Onions, Mushrooms Mighty Shake Pureed Pears	Pureed Turkey Tetrazzini w/ Sauce Pureed Green Beans Mighty Shake Pureed Peaches		