



Library Holdings

Last update August 2008

Topic	Title	Author	
Aging	Our Most Famous Eighty Year Olds Reveal Why They Never Felt So Young	Gardner, Gerald & Bellows, Jim	Book
Aging	A Good Old Age	Homer/Holstein, editors	Book
Aging	ABC's For Seniors	Harriet, Ruth	Book
Aging	Age Power - How the 21st Century Will Be Ruled By the New Old	Dychtwald, Ken	Book
Aging	Age Wave - The Challenges and Opportunities of an Aging America	Dychtwald, Ken	Book
Aging	Aging America Resource Guide	Puchta, Charles	Book
Aging	Another Country: Navigating the Emotional Terrain of Our Elders	Pipher, Mary Bray	Book
Aging	As Parents Age: A Psychological and Practical Guide	Ilardo, Joseph A.	Book
Aging	Couples Who Take Care, Elders Weathering The Years...	Diekemper, Lou Dunn	Book
Aging	Elder Abuse Detection and Intervention	Brandl, Bonnie	Book
Aging	Fountain of Age, The	Friedman, Betty	Book
Aging	Generations		Periodical
Aging	Gerontologist, The		Periodical
Aging	Growing Old in a New Age (7 video series)		VHS
Aging	Growing Old in America	Fischer, David Hackett	Book
Aging	It's Better to Be Over the Hill than Under It	LeShan, Eda	Book
Aging	Journal of Aging and Health		Periodical
Aging	Late Bloomers - 75 Remarkable People Who Found Fame, Success...	Gill, Brendan	Book
Aging	Life in an Older America	Butler, Robert	Book
Aging	Lifelines – Living Longer, Growing Frail, Taking Heart	Gillick, Muriel R.	Book
Aging	Living Forward - Perspectives on reaching "a certain age"	Smith, John F.	VHS
Aging	Men Who Take Care: Walking the Road of Life as Elders	Diekemper, Lou Dunn	Book
Aging	My Time - Making the Most of the Rest of Your Life	Trafford, Abigail	VHS
Aging	Older Adult Development		VHS
Aging	Practical Geriatric Assessment	Fillit, Howard	Book
Aging	Prime Time - How Baby Boomers Will Revolutionize Retirement...	Freedman, Marc	Book



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Topic	Title	Author	
Aging	Reminisce		Magazine
Aging	Spotlight On: Aging	US Administration on Aging	DVD
Aging	Stranger in My Mirror and Other Reflections, The	Mula, Rose Madeline	Book
Aging	Successful Aging (2 copies)	Rowe/Kahn	Book
Aging	Virtues of Aging, The	Carter, Jimmy	Book
Aging	Well into Your Future - Alzheimer's & Dementia: Caring for the Caregiver	Mental Health & Aging (3 part series)	VHS
Aging	Well into Your Future - Depression: Not a Normal Part of Aging	Mental Health & Aging (3 part series)	VHS
Aging	Well into Your Future - Maintaining Mental Health	Mental Health & Aging (3 part series)	VHS
Aging	What are Old People For? How elders will save the world	Thomas, William H.	Book
Aging	What's Next	Griffin, Richard	Book
Aging - women	Be an Outrageous Older Woman - a R.A.S.P	Jacobs, Ruth Harriet	Book
Aging - women	Daughters and Mothers – Making It Work	Firman, Julie and Firman, Dorothy	Book
Aging - women	Family Puzzles	Weltner, Linda	Book
Aging - women	Having Our Say - The Delany Sisters' First 100 Years	Delany/Delany with Amy Hill Hearth	Book
Aging - women	Look Me in the Eye: Old Women Aging and Ageism	Macdonald, Barbara	Book
Aging - women	Ourselves, Growing Older - Women Aging with Knowledge & Power	Doress-Worters/Laskin Siegal	Book
Aging - women	There's a Dance in the Old Dame Yet	Robey, Harriet	Book
Aging - women	When I am an Old Woman, I shall Wear Purple	Edited by Sandra Martz	Book
Aging - women	Women, Aging and Ageism	Rosenthal, Evelyn	Book
Aging- women	Women's Lives, Women's Legacies: Passing Your Beliefs and Blessings to Future Generations	Freed, Rachael	Book
Alzheimer's & Dementia	36 Hour Day (2 copies)	Mace/Rabins	Book
Alzheimer's & Dementia	A Better Life	Coons/Metzelaar/Robinson/Spencer	Book



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Topic	Title	Author	
Alzheimer's & Dementia	A Time to Care: Activities of Daily Living (DVD)	Macdaniel Ronalter Video Productionsn	DVD
Alzheimer's & Dementia	Aging with Grace – What the Nun Study Teaches Us About Leading Longer...	Snowdon, David	Book
Alzheimer's & Dementia	Agitation...It's a Sign (VHS & Video Guide)	Fanlight Productions, Alzheimer's Care Series	VHS
Alzheimer's & Dementia	Alzheimer's Disease - Inside Looking Out		VHS
Alzheimer's & Dementia	Alzheimer's Disease, A Guide for Families	Powell/Courtice	Book
Alzheimer's & Dementia	Alzheimer's Disease, Activity Focused Care	Hellen, Carly R.	Book
Alzheimer's & Dementia	Alzheimer's Early Stages: First Steps in Caring and Treatment. (3 copies)	Kuhn, Daniel	Book
Alzheimer's & Dementia	Alzheimer's, A Caregivers Guide and Source Book (2 copies)	Gruetzner, Howard	Book
Alzheimer's & Dementia	Alzheimer's: Finding the Words	Hodgson, Harriet	Book
Alzheimer's & Dementia	Alzheimer's: The Answers You Need (2 copies)	Davies/Jensen	Book
Alzheimer's & Dementia	American Journal of Alzheimer's Disease		Periodical
Alzheimer's & Dementia	Comforting the Confused: Strategies for Managing Dementia	Hoffman, Stephanie & Platt, Constance	Book
Alzheimer's & Dementia	Complaints of a Dutiful Daughter (DVD)		DVD
Alzheimer's & Dementia	Complaints of a Dutiful Daughter (video)		VHS
Alzheimer's & Dementia	Complete Guide to Alzheimer's	Warner, Mark L.	Book



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Topic	Title	Author	
Alzheimer's & Dementia	Conversations About Caregiving: The Alzheimer's Dialogues	Bover, Sherril & Graham, Nancy	CD with booklet
Alzheimer's & Dementia	Creating Moments of Joy	Brackey, Jolene	Book
Alzheimer's & Dementia	Dementia and Wandering Behavior	Silverstein/Flaherty/Salmons Tobin	Book
Alzheimer's & Dementia	Doing Things: A Guide to Programming Activities for Persons with Alzheimer's Disease and Related Disorders	Zgola, Jitka	Book
Alzheimer's & Dementia	Enhancing the Quality of Life in Advanced Dementia	Volicer, Ladislav	Book
Alzheimer's & Dementia	Forgetting, The – A Portrait of Alzheimer's (DVD)		DVD
Alzheimer's & Dementia	Forgetting, The - Alzheimer's: Portrait of an Epidemic	Shenk, David	Book
Alzheimer's & Dementia	Great Brain Robbery, The		VHS
Alzheimer's & Dementia	He's Doing This to Spite Me (VHS & Video Guide)	Fanlight Productions	VHS
Alzheimer's & Dementia	If I Forget, You Remember	Lynch Williams, Carol	Book
Alzheimer's & Dementia	Interventions in Alzheimer's Disease, A Caregiver's Complete Reference	Tappen, Ruth M.	Book
Alzheimer's & Dementia	Just Love Me: My Life Turned Upside-down by Alzheimer's	Lee, Jeanne L.	Book
Alzheimer's & Dementia	Keeping Busy... A Handbook of Activities for Persons with Dementia	Dowling, James	Book
Alzheimer's & Dementia	Learning to Speak Alzheimer's	Koenig Coste, Joanne	Pamphlet
Alzheimer's & Dementia	Living in the Labyrinth	McGowan, Diana Friel	



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Topic	Title	Author	
Alzheimer's & Dementia	Losing My Mind	DeBaggio, Thomas	Book
Alzheimer's & Dementia	Making an Exit: A Mother-Daughter Drama with Machine Tools, Alzheimer's and Laughter (LARGE PRINT)	Fuchs, Elinor	Book
Alzheimer's & Dementia	Managing and Understanding Behavior Problems in Alzheimer's Series (1-10)		VHS
Alzheimer's & Dementia	My Mother's Voice	Callahan, Sally	Book
Alzheimer's & Dementia	Partial View: An Alzheimer's Journal	Henderson/Andrews	Book
Alzheimer's & Dementia	Quick Brown Fox, An Alzheimer's Story (DVD)		DVD
Alzheimer's & Dementia	Recognizing and Responding to Emotions in Persons with Dementia		VHS
Alzheimer's & Dementia	Resisting Care (VHS & Video Guide)	Fanlight Productions, Alzheimer's Care Series	VHS
Alzheimer's & Dementia	Simplicity of Dementia, The	Buijssen, Huub	Book
Alzheimer's & Dementia	Steps for Caregivers, Caring for Persons with Alzheimer's Disease (2 copies)		Cassette
Alzheimer's & Dementia	Story of My Father (Audiobook/CD)	Miller, Sue	CD
Alzheimer's & Dementia	Story of My Father, The (2 copies)	Miller, Sue	Book
Alzheimer's & Dementia	Stress Reduction Video: A Celebration of the Four Seasons (VHS)	STB Productions	VHS
Alzheimer's & Dementia	Stress Reduction Video: Ambient Flowers (DVD)	Jumby Bay Studios	DVD
Alzheimer's & Dementia	Stress Reduction Video: Ambient Water, the Ultimate Video Aquarium (DVD)	Jumby Bay Studios	DVD



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Topic	Title	Author	
Alzheimer's & Dementia	Stress Reduction Video: Baby Love-Babies being babies (VHS)		VHS
Alzheimer's & Dementia	Stress Reduction Video: Puppies (DVD)	Jumby Bay Studios	DVD
Alzheimer's & Dementia	Stress Reduction Video: Video Aquarium - (VHS)	STB Productions	VHS
Alzheimer's & Dementia	The Complete Guide to Alzheimer's Proofing Your Home (2 copies)	Warner, Mark L.	Book
Alzheimer's & Dementia	The Loss of Self	Cohen, Donna & Eisdorfer, Carl	Book
Alzheimer's & Dementia	The Positive Interactions Program of Actives for People with Alzheimer's Disease	Nissenbaim & Vronan	Book
Alzheimer's & Dementia	Wandering: Is It a Problem? (VHS & Video Guide)	Fanlight Productions, Alzheimer's Care Series	VHS
Alzheimer's & Dementia	When a Family Member has Dementia	McCurry, Susan M.	Book
Alzheimer's & Dementia	When Your Loved One has Dementia	Glenner, Joy A.	Book
Caregiving	A Caregiver's Journey	Kelly, Kaelin	Book
Caregiving	Aging Parents, The Family Survival Guide		VHS
Caregiving	And Thou Shalt Honor (DVD)		DVD
Caregiving	And Thou Shalt Honor, A Caregivers Companion (2 copies)	Witrogen McLeod, Beth	Book
Caregiving	Are Your Parents Driving You Crazy?	Ilardo/Rothman	Book
Caregiving	Assessing Older People, A Practical Guide for Health Professionals	Koch/Garratt	Book
Caregiving	Caregivers and Personal Assistants, How to Find, Hire...	DeGraff, Alfred H.	Book
Caregiving	Caregiver's Essential Handbook, The	Carr/Choron	Book
Caregiving	Caregiving: The Spiritual Journey of Love, Loss, and Renewal	McLeod, Beth	Book
Caregiving	Caring For Older Adults Holistically	Anderson, Mary Ann	Book
Caregiving	Caring For Your Parents: The Complete AARP Guide	Delehanty, Hugh & Ginzler, Elinor	Book
Caregiving	Caring for Yourself While Caring for Your Aging Parents	Berman, Claire	Book



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Topic	Title	Author	
Caregiving	Caring Today	Caringtoday.com	Periodical
Caregiving	Changing Places	Kramer, Judy	Book
Caregiving	Circles of Care: How to Set Up Quality Home Care for Our Elders	Lindberg, Reeve	Book
Caregiving	Comfort of Home, The	Meyer/Derr	Book
Caregiving	Complete Idiot's Guide to Caring for Aging Parents	Rhodes, Linda Colvin	Book
Caregiving	Coping with Your Difficult Older Parent – A Guide for Stressed-Out Children	Lebow/Kane	Book
Caregiving	Dealing With Difficult Parents – And With Parents in Difficult Situations	Whitaker/Fiore	Book
Caregiving	Dutiful Daughters – Caring for Our Parents as They Grow Old	Gould, Jean, editor	Book
Caregiving	Educated Caregiver, The (3 video series)		VHS
Caregiving	Elder Care, A Six Step Guide	Mace/Rabins	Book
Caregiving	Elder Rage –or– Take My Father...Please! – How to Survive Caring for...	Marcell, Jacqueline	Book
Caregiving	Eldercare for Dummies	Zukerman, Rachelle	Book
Caregiving	Emotional Survival Guide for Caregivers: Looking after yourself and your family while helping an aging parent	Jacobs, Barry J.	Book
Caregiving	Encyclopedia of Eldercare, The: The Comprehensive Resource on Geriatric..	Mezey, Mathy Doval	Book
Caregiving	Falls in Older People, Prevention and Maintenance	Tideiksaar, Rein	Book
Caregiving	Fearless Caregiver (2 copies)	Barg, Gary	Book
Caregiving	Fourteen Friends' Guide to Eldercaring	Fourteen Friends, LLC	Book
Caregiving	He's Doing This to Spite Me: Emotional Conflicts in Dementia Care		VHS
Caregiving	How to Care for Aging Parents	Morris, Virginia	Book
Caregiving	It Takes More Than Love	Beckerman/Tappen	Book
Caregiving	Labour of Love: Five Stories of Caregiving		VHS
Caregiving	Making the Moments Count: Leisure Activities for Caregiving Relationships	Decker, Joanne	Book



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Topic	Title	Author	
Caregiving	Mothering Mother: A Daughter's Humorous & Heartbreaking Memoir	O'Dell, Carol	Book
Caregiving	My Father's Keeper: The Story of a Gay Son & His Aging Parents	Silin, Jonathan	Book
Caregiving	My Mother, My Father		VHS
Caregiving	Parent Care Conversation	Taylor, Dan	Book
Caregiving	Parenting Your Parents: Support Strategies for Meeting the Challenge of Aging in America	Mindszenty, Bart & Gorgon, Michael	Book
Caregiving	Prescription for Caregivers, A: Take Care of Yourself (3 copies)		VHS
Caregiving	Preventing Caregiver Burnout	Sherman, James	Book
Caregiving	Quick Tips for Caregivers	Karpinski, Marion	Book
Caregiving	Resourceful Caregiver, The: Helping Family Caregivers Help Themselves	National Family Caregivers Association	Book
Caregiving	Sandwich Generation: Caught b/w Growing Children and Aging Parents	Zal, Michael H.	Book
Caregiving	Share the Care	Capossela, Cappy	Book
Caregiving	Taking Care of Mom: What I Learned That May Help You Help Your Aging Parent	Rosentstock, F.N.	Book
Caregiving	Taking Care of Parents Who Didn't Take Care of You	Cade, Eleanor	Book
Caregiving	Taking Time for Me	Karr, Katherine	Book
Caregiving	The most relaxing CLASSICAL music in the universe (CD)	Denon	CD- music
Caregiving	Today's Caregiver	Caregiver.com	Periodical
Caregiving	What Do You Do When Your Parents Live Forever? A practical guide to caring for the elderly	Cohn-Sherbok, Dan and Lavinia	Book
Caregiving	When Roles Reverse: A Guide to Parenting Your Parents	Comer, Jim	Book
Caregiving	Working with Toxic Older Adults	Davenport, Gloria M.	Book
Driving	Assessing and Counseling Older Drivers	American Medical Association	Pamphlet
Driving	At the Crossroads - A Guide to Alzheimer's Disease, Dementia, & Driving	The Hartford	Pamphlet



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Topic	Title	Author	
Driving	Creating Mobility Choices: Older Driver Skill Assessment & Resource Guide	AARP	Pamphlet
Driving	Drivers 55 Plus: Check Your Own Performance, A Self-Rating Form...	AAA Foundation	Pamphlet
Driving	How to Help an Older Driver	AAA Foundation	Pamphlet
Driving	Keep Moving Longer: Features for Safe Driving (2 copies)	Gerontology Institute, U-Mass Boston	DVD
Driving	Older and Wiser Driver, The (video)	AAA Foundation	VHS
Fiction	A Loving Voice II: A Caregiver's Book of More Read-Aloud Stories for the Elderly	Banks, Carolyn & Rizzo, Janis	Book
Fiction	Body in the Library	Christie, Agatha	Book
Fiction	For One More Day (Audio book/CD)	Albom, Mitch	CD
Fiction	For One More Day (LARGE PRINT)	Albom, Mitch	Book
Fiction	Glorie: A Novel	James, Caryn	Book
Fiction	Mirror Cracked, The	Christie, Agatha	Book
Fiction	Miss Marple, The Complete Short Stories	Christie, Agatha	Book
Fiction	Praisesong for the Widow	Marshall, Paule	Book
Fiction	Someone Not Really Her Mother	Chessman, Harriet	Book
Fiction	Warning: When I Am An Old Woman I Shall Wear Purple	Joseph, Jenny	Book
Fiction	World Below, The	Miller, Sue	Book
Financial	8 Biggest Mistakes People Make With Their Finances Before and After Retirement, The	Reed, Terence	Book
Financial	9 Steps to Financial Freedom, The	Orman, Suze	Book
Financial	AARP Crash Course in Estate Planning: The Essential Guide to Wills, Trusts, & Your Personal Legacy	Palermo, Michael	Book
Financial	Alzheimer's Disease: "Fighting for Financial Survival"	Beasley/Ferber	Book
Financial	Budget Kit, The – The Common Cents Money Management Workbook	Lawrence, Judy	Book
Financial	Consumer Reports Complete Guide to Health Services for Seniors	Lieberman, Trudy & Editors of C.R.	Book
Financial	Delivering Justice, Dialing for Dollars	U.S. Postal Service	DVD



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Topic	Title	Author	
Financial	Financial Planning 101	Lee, Dee & Caruso, Dave	Book
Financial	Financial Planning 101	Lee, Dee and Caruso, Dave	Book
Financial	Get It Together: Organize Your Records So Your Family Won't Have To (Book & Windows-compatible CD-Rom of forms)	Cullen, Melanie & Irving, Shae	Book
Financial	Guide to Elder Planning, A - Everything You Need to Know To Protect...(2 copies)	Weisman, Steve	Book
Financial	How to Care For Your Parents' Money While Caring for Your Parents	Burns, Sharon and Fogue, Raymond	Book
Financial	How to Retire Happy - Everything You Need to Know About the 12 Most...	Hinden, Stan	Book
Financial	Just Plain Smart Personal Finance Advisor	H&R Block	Book
Financial	Making Them Pay	Orin, Rhonda	Book
Financial	Managing Money in Retirement	Salisbury, Dallas and Robinson, Marc	Book
Financial	Medicaid Planning Handbook - A Guide to Protecting Your Family's Assets...	Bove, Jr., Alexander	Book
Financial	Nolo's Simple Will Book (Book & Windows-compatible CD-Rom of forms)	Clifford, Denis	Book
Financial	Nursing Home Crunch, The - A Legal and Financial Guide to Surviving...	Beasley/Ferber	Book
Financial	On The Road: Caring for an Aging Parent.	Garrett, Sheryl editor	Book
Financial	On the Road: Surviving the Loss of a Spouse	Garrett, Sheryl editor	Book
Financial	Reverse Mortgage, The-Your Home for Life		DVD
Financial	Reverse Mortgage, The-Your Home for Life		VHS
Financial	Scam Proof Your Life! 377 Smart Ways to Protect You & Your Family from Ripoffs, Bogus Deals & Other Consumer Headaches from AARP	Kirchheimer, Sid	Book
Financial	Senior's Rights	Sember, Brette McWhorter	Book
Financial	Simply Essential Personal Budgeting Kit	Lim, Sylvia S.	Book
Financial	Special Needs Planning Guide for Families	Freedman, Patricia	Book



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Topic	Title	Author	
Financial	Taking Care of Mom & Dad – The Money, Politics and Emotions...	Rust, Mike	Book
Financial	Ultimate Safe Money Guide, The - How Everyone 50 & Over Can Protect...	Weiss, Martin D.	Book
Financial	Wall Street Journal Guide to Planning Your Financial Future, The	Morris, Kenneth and Morris, Virginia	Book
Financial	Wall Street Journal Guide to Understanding Money & Investing, The	Morris, Kenneth and Morris, Virginia	Book
Financial	Your Home for Life: Reverse Mortgage	Home for Life	DVD
Financial	You've Earned It, Don't Lose It - Mistakes You Can't Afford to Make When...	Orman, Suze	Book
Grandparenting	101 Ways to Spoil Your Grandchild	Lansky, Vicki	Book
Grandparenting	Bubbeh Lee & Me		VHS
Grandparenting	Courage of Boston's Children, The	The Max Warburg Courage Curriculum, Inc.	Book
Grandparenting	Grandparenting ABC's	Berman, Eleanor	Book
Grandparenting	Grandparenting in a Changing World	LeShan, Eda	Book
Grandparenting	Grandparenting with Love and Logic	Fay, Jim	Book
Grandparenting	Grandparents as Parents	Toledo, Sylvie	Book
Grandparenting	Raising Grandkids, a love story		VHS
Grandparenting	Raising Our Children's Children	Doucette-Dudman, Deborah	Book
Grandparenting	Ticklebelly Hill: Grandparents Raising Grandchildren	Osborne, Hilda	Book
Grandparenting	Totally Cool Grandparenting	Linsley, Leslie	Book
Grandparents Grandkids	Nana Upstairs and Nana Downstairs	DePaola, Tomie	Book- Juvenile
Grandparents/ Grandkids	Fall of Freddie the Leaf, The	Buscaglia, Leo	Book- Juvenile
Grandparents/ Grandkids	Grandfather's Journey	Say, Allison	Book- Juvenile
Grandparents/ Grandkids	My Granny's Purse	Workman Publishing	Book- Juvenile



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Topic	Title	Author	
Grandparents/ Grandkids	One Foot, Now the Other Foot	DePaola, Tomie	Book- Juvenile
Grandparents/ Grandkids	Something to Remember Me By	Bosak, Susan	Book- Juvenile
Grandparents/ Grandkids	Strega Nona	dePaola, Tomie	Book- Juvenile
Grandparents/ Grandkids	What Grandpas Do Best	Numeroff, Lynn	Book- Juvenile
Grandparents/ Grandkids	What's Happening to Grandpa?	Shriver, Maria	Book- Juvenile
Long Term Care	Assisted Living In Massachusetts: 2003 Guide (4 copies)	Mass ALFA	Book
Long Term Care	Assisted Living Today		Periodical
Long Term Care	But This is My Mother	Loucks, Cynthia	Book
Long Term Care	Choose the Right Long-Term Care	Matthews, Joseph	Book
Long Term Care	Choosing Assisted Living - What You Need to Know	Consumer Consortium on Assisted Living	VHS
Long Term Care	Complete Eldercare Planner, The	Loverde, Joy	Book
Long Term Care	Consumer Guide to Long-Term Care	Ilminen, Gary	Book
Long Term Care	Family Guide to Long-Term Care (3 video series)		VHS
Long Term Care	Life Worth Living: How Someone You Love Can Still Enjoy Life in a Nursing...	Thomas, William H.	Book
Long Term Care	Long Term Care Planning - A Dollar and Sense Guide	United Seniors Health Council	Book
Long Term Care	Planning and Decision Making for the Elderly	Wilkinson, James A.	Book
Long Term Care	The Eldercare Handbook: Difficult Choices, Compassionate Solutions	Henry, Stella M.	Book
Long Term Care			
Loss & Bereavement	Father Loss – How Sons of All Ages Come to Terms with the Deaths...	Chethik, Neil	Book
Loss & Bereavement	Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying	Callanan, Maggie & Kelley, Patricia	Book



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Topic	Title	Author	
Loss & Bereavement	Getting to the Other Side of Grief: Overcoming the Loss of a Spouse	Zonnebelt-Smeenge, Susan	Book
Loss & Bereavement	Helper's Journey, The	Larson, Dale	Book
Loss & Bereavement	How to Survive the Loss of a Parent – A Guide for Adults	Akner, Lois	Book
Loss & Bereavement	Liberating Losses: When Death Brings Relief	Elison, Jennifer	Book
Loss & Bereavement	Massachusetts Resource Guide for End Of Life Services	Mass. Commission on End of Life Care	Book
Loss & Bereavement	Meeting Death	Hyde, Margaret	Book
Loss & Bereavement	Motherless Daughters – The Legacy of Loss	Edelman, Hope	Book
Loss & Bereavement	On Death and Dying	Kubler-Ross, Elisabeth	Book
Loss & Bereavement	On Our Own Terms: A Death of One's Own	Bill Moyers on Dying (4 DVD series)	DVD
Loss & Bereavement	On Our Own Terms: A Different Kind of Care	Bill Moyers on Dying (4 DVD series)	DVD
Loss & Bereavement	On Our Own Terms: A Time to Change	Bill Moyers on Dying (4 DVD series)	DVD
Loss & Bereavement	On Our Own Terms: Living with Dying	Bill Moyers on Dying (4 DVD series)	DVD
Loss & Bereavement	Tuesdays with Morrie	Albom, Mitch	Book
Loss & Bereavement	When a Lifemate Dies: Stories of Love, Loss, and Healing	Heinlien, Susan	Book
Medical	AARP Guide to Pills	Hochadel, Maryanne editor	Book
Medical	After a Stroke	Hutton, Cleo	Book



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Topic	Title	Author	
Medical	After the Diagnosis: How to Look Out for Yourself or a Loved One	Pikula, Donna L.	Book
Medical	Blindsided: Lifting a Life above Illness (audio book)	Cohen, Richard M.	CD
Medical	Complete Book of Energy Medicines	Dziemidko, Helen E.	Book
Medical	Conquering Diabetes: A Cutting-Edge, Comprehensive Program for Prevention & Treatment	Peters, Anne	Book
Medical	Healthy Senior Living: Quick and Easy Medical Tips	Molle, Elizabeth	Book
Medical	Lifelines: A Guide to Life with Prostate Cancer (2 copies)	Tap Pharmaceuticals	VHS
Medical	Living with Chronic Illness	Register, Cheri	Book
Medical	Living with Rheumatoid Arthritis	Shlotzhauer, Tammi L.	Book
Medical	Merck Manual of Geriatrics, Third Edition (Reference)	Merck Research Laboratories	Book
Medical	Mosby's Pocket Dictionary of Medicine, Nursing, & Allied Health 4th Edition	Mosby, Inc.	Book
Medical	Nursing 2004 Drug Handbook 24th Edition	Lippincott Williams & Wilkins	Book
Medical	Parkinson's Disease 300 Tips	Schwarz, Shelley P.	Book
Medical	Physicians' Desk Reference (Reference)	Thomson PDR	Book
Medical	Poison Control in Action (book&video)	American Association of Poison Control	VHS
Medical	Prostate Cancer		VHS
Medical	Saving Milly – Love, Politics, and Parkinson's Disease	Kondracke, Morton	Book
Medical	Shingles		VHS
Medical	When Life Becomes Precious	Babcock, Elise	Book
Mental Health	A Life Worth Living: Practical Strategies for Reducing Depression in Older...	Mosher-Ashley/Barrett	Book
Mental Health	Abuse, Neglect and Exploitation of Older Persons	Baumhover/Beall	Book
Mental Health	Addiction and Recovery for Dummies	Shaw, Brian F.	Book
Mental Health	Aging and Addiction	Colleran, Carol	Book
Mental Health	Aging and Mental Health	Smyer/Qualls	Book
Mental Health	Antipsychotic and Antidepressant Medications and Side Effects		VHS
Mental Health	Anxiety & Panic Attacks: Their Cause and Cure	Handly, Robert & Neff, Pauline	Book



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Topic	Title	Author	
Mental Health	Beating the Senior Blues: How to Feel Better & Enjoy Life Again	Eckford, Leslie & Lambert, Amanda	Book
Mental Health	Bipolar Disorder: A guide for patients and families	Mondimore, Francis	Book
Mental Health	Buried in Treasures: Help for Compulsive Acquiring, Saving & Hoarding	Tolin, David & Frost, Randy & Steketee, Gail	Book
Mental Health	Communicating with Moderately Confused Older Adults		VHS
Mental Health	Communicating with Oriented Older Adults		VHS
Mental Health	Communicating with Severely Confused Older Adults		VHS
Mental Health	Complicated Grief, Psychotherapeutic Interventions (cassette)	T	Cassette
Mental Health	DSM IV-TR (Diagnostic & Statistical Manual of Mental Disorders, 4th ed. Text Revision)	American Psychiatric Association	Book
Mental Health	Ethnic Diversity - Barrier or Benefit in Health Care of the Elderly		VHS
Mental Health	Getting Old Without Getting Anxious	Rabins, Peter with Lauber, Lynn	Book
Mental Health	Handbook of Geriatric Psychopharmacology, The	Jacobson, Sandra	Book
Mental Health	Living Longer Depression Free: A Family Guide to Recognizing, Treating, & Preventing Depression in Later Life	Miller, Mark & Reynolds III, Charles	Book
Mental Health	Loving Someone with OCD: Help for You and Your Family	Landsman, Karen & Rupertus, Kathleen & Pedrick, Cherry	Book
Mental Health	Mental Health and Older Adults (video training series)		VHS
Mental Health	Mental Health Issues of Older Women: A Comprehensive Review for Health Care Professionals	Malatesta, Victor	Book
Mental Health	Mental Health Problems of Older Adults		VHS
Mental Health	Motivational Interviewing with Substance Abusing Clients	Amodeo, MaryAnn	Book
Mental Health	Noonday Demon, The: An atlas of depression	Solomon, Andrew	Cassette
Mental Health	Overcoming Compulsive Hoarding: Why You Save & How You Can Stop	Perkins, Patricia	Book
Mental Health	Pack Rat		VHS
Mental Health	Psychosis in the Elderly	Hassett, Anne, Ames, David & Chiu, Edmond	Book
Mental Health	Shock: The Healing Power of Electroconvulsive Therapy	Dukakis, Kitty & Tye, Larry	Book
Mental Health	Stop Walking on Eggshells	Mason/Kreger	Book



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Topic	Title	Author	
Mental Health	The Infinite Mind with Dr. Fred Goodwin – “Hoarding and Clutter”	Lichtenstein Creative Media, Inc.	CD with transcript
Mental Health	Therapeutic Reminiscence		VHS
Mental Health	Understanding Mental Health Issues	The U.S. Surgeon General	Book
Mental Health	Undoing Depression	O'Connor, Richard	VHS
Mental Health	What to Do When Someone You Love is Depressed	Golant, Mitch and Susan K.	Book
Movies	Antonia's Line (DVD)		DVD
Movies	Cocoon (VHS)		VHS
Movies	Driving Miss Daisy (2 VHS)		VHS
Movies	Fried Green Tomatoes (VHS)		VHS
Movies	George Burns, The TV Specials Collection (DVD)	Standing Room Only entertainment	DVD
Movies	Growing Old (DVD)		DVD
Movies	Harold and Maude (VHS)		VHS
Movies	Holiday Inspirations- Rosh Hashanah & Yom Kippur (VHS)		VHS
Movies	If These Walls Could Talk 2 (DVD)		DVD
Movies	Iris (DVD)		DVD
Movies	Kolya (DVD)		DVD
Movies	Miss Marple: Murder at the Vicarage	Christie, Agatha	VHS
Movies	On Golden Pond (VHS)		VHS
Movies	Silent Pioneers (VHS)	Water Bearer Films	VHS
Movies	Stand-in, The (VHS)		VHS
Movies	Sunshine Boys, The (VHS)		VHS
Movies	Tea With Mussolini (DVD)		DVD
Movies	Trip to Bountiful, The (VHS)		VHS
Movies	Triplets of Belleville	Chomet, Sylvain	DVD
Nutrition	Big Book of Herbs, The	Tucker, Arthur O. and DeBaggio, Thomas	Book
Nutrition	Complete Guide to Health and Nutrition	Null, Gary	Book
Nutrition	Cooking for Two	Taste of Home	Periodical
Nutrition	Diabetes Meal Planning Made Easy	Warshaw, Hope	Book



Library Holdings

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Topic	Title	Author	
Nutrition	Easy-to-Swallow Easy-to-Chew Cookbook	Weihoffen, Donna L.	Book
Nutrition	Eat, Drink, and Be Healthy	Willett, Walter C.	Book
Nutrition	Good Nutrition		VHS
Nutrition	Health Professional's Guide to Popular Dietary Supplements	Sarubin, Alison	Book
Nutrition	New Eating Right for a Bad Gut, The	Scala, James	Book
Nutrition	What Color Is Your Diet?	Heber, David	Book
Retirement	Creating a Spiritual Retirement	Srode, Molly	Book
Retirement	Creating a Successful Retirement	Johnson, Richard P.	Book
Retirement	Recasting Retirement - New Perspectives on Aging and Civic Engagement	Civic Ventures	Book
Spirituality	12 Keys to Spiritual Vitality	Johnson, Richard P.	Book
Spirituality	Chicken Soup for the Mother & Daughter Soul (2 copies)	Canfield, Hansen, Firman, Firman	Book
Spirituality	Chicken Soup for the Surviving Soul	Canfield, Jack	CD
Spirituality	Compassionate Caregiving: Practical Help & Spiritual Encouragement	Knutson, Lois D.	Book
Spirituality	Five People You Meet in Heaven, The	Albom, Mitch	Book
Spirituality	House on Beartown Road, The: A Memoir of Love and Courage	Cohen, Elizabeth	CD
Spirituality	How Good Do We Have to Be? – A New Understanding of Guilt...	Kushner, Harold	Book
Spirituality	Leading with Soul - An Uncommon Journey of Spirit	Bolman, Lee G. and Deal, Terrence E.	Book
Spirituality	Living a Life That Matters	Kushner, Harold	Book
Spirituality	Remembering Your Story	Morgan, Richard L.	Book
Spirituality	Still Here – Embracing Aging, Changing, and Dying	Dass, Ram	Cassette
Spirituality	Still Here – Embracing Aging, Changing, and Dying	Dass, Ram	Book
Spirituality	When Bad Things Happen to Good People	Kushner, Harold	Book
Wellness	After Surgery, Illness, or Trauma: 10 Practical Steps to Renewed Energy...	Ryan, Regina Sara	Book
Wellness	Armchair Fitness Gentle Exercise (DVD)	CC-M Productions	DVD
Wellness	Awareness Heals: The Feldenkrais Method for Dynamic Health	Shafarman, Steven	Book



Library Holdings

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Topic	Title	Author	
Wellness	Chicken Soup for the Unsinkable Soul: 101 Inspirational Stories of Overcoming Life's Challenges	Canfield, Jack & Hansen, Mark	Cassette
Wellness	Ethical Wills: Putting your values on paper	Baines, Berry	Book
Wellness	Evening Stress Release: Yoga Zone for Beginners	Yoga Zone, KOCH Vision	DVD
Wellness	Exercise: A Guide from the National Institute on Aging	National Institute on Aging	Book
Wellness	Family Focused	Dixon, Janice	Book
Wellness	Fitter After 50: Forever Changing Our Beliefs About Aging	Mayhew, Ed	Book
Wellness	Growing Old is Not for Sissies II - Portraits of Senior Athletes	Clark, Etta	Book
Wellness	Healthy Bones - What You Should Know About Osteoporosis	Appleton, Nancy	Book
Wellness	How to Write the Stories Behind Your Photographs	Ledoux, Denis	Book
Wellness	Humor Your Stress: Jest for the Fun of It	LaRoche, Loretta	VHS
Wellness	Investing in Your Health	Kutter, G. Siegfried	Book
Wellness	It's Only Too Late If You Don't Start Now: How to create your second life at any age	Sher, Barbara	Book
Wellness	Joy of Stress	LaRoche, Loretta	VHS
Wellness	Never Have Your Dog Stuffed & Other Things I've Learned (LARGE PRINT)	Alda, Alan	Book
Wellness	New Love and Sex After 60, The	Butler, Robert	Book
Wellness	New Yoga for People Over 50, The	Fancina, Suza	Book
Wellness	Our Bodies, Ourselves: Menopause	Boston Women's Health Book Collective	Book
Wellness	Promoting Older Adult Health - Aging Network Partnerships to Address...	Department of Health and Human Services	Book
Wellness	Savvy Senior Living: 50 Do's & Don'ts for the Elder Wise	Sayre, Rodney	Book
Wellness	See for Yourself-Vision and Older Adults (book&video)	Lighthouse International	Book
Wellness	Sing and Swing: An Exercise Program for Seniors (VHS)	Ogburn, Maria	VHS
Wellness	Stress Relief: Yoga	Deason, Suzanne	DVD
Wellness	Strong Women and Men Beat Arthritis	Nelson, Miriam	Book
Wellness	Strong Women Stay Young	Nelson, Miriam	Book
Wellness	Strong Women, Strong Bones - Everything You Need to Know to Prevent...	Nelson, Miriam	Book



Library Holdings

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Topic	Title	Author	
Wellness	To Our Children's Children: Preserving Family Histories for Generations to Come	Greene, Bob	Book
Wellness	Voices of Brookline	Ruttman, Larry	Book
Wellness	Wisdom to Choose	Arnett, Dixon	Book
Wellness	Yoga Over 50	Stewart, Mary	Book