

BELMONT TRANSPORTATION

Resources for Elders and Caregivers

Provided by **Springwell**

125 Walnut Street, Watertown, MA 02472

617-926-4100

Listed below are transportation resources available in the town of Belmont. If you would like additional information about town services or about elder services in general, please call 617-926-4100 and ask for the Information & Referral Department, or e-mail us at inforef@springwell.com

Belmont Council on Aging	<i>Medical, Non Medical</i> Belmont COA provides curb to curb transportation Mondays through Fridays, 8:30 a.m. to 3:00 p.m. Both medical and non-medical transportation is available, but medical transportation is the top priority. Medical transportation is available in Belmont and to contiguous towns, non-medical transportation is limited to Belmont. Suggested donation is \$2.00 each way.	617-993-2970
Suburban Med-Ride (funded by Springwell)	<i>Medical Rides</i> Provides medical transportation from 7:00 a.m. to 4:00 p.m. Monday through Friday (<u>best</u> availability 10am – 3pm). Transportation is available to hospitals and doctor's offices <i>outside</i> Belmont. The van goes to Mass General and the Longwood Medical Area in Boston, Lahey Clinic in Burlington, Mt. Auburn Hosp., Newton Wellesley Hosp., and St. Elizabeth's Hosp. Call between 9am and 3pm at least 3 business days in advance. An appointment can be made no more than two weeks in advance. The service is accessible for those using wheelchairs and a medical escort may ride with the elder but the caller must inform Suburban Med-Ride about the wheelchair and escort accommodations. A donation of \$4.00 each way is requested. Please send the check to Suburban Med-Ride, 1050 Commonwealth Avenue, Boston, MA 02215. Please make the check payable to Suburban Med-Ride. Note on the check that it is a donation for the Springwell medical ride.	1-866-633-7433
Senior Medical Escort Program - Springwell	<i>Medical Rides</i> The Program matches frail seniors with volunteers to drive and/or accompany them to medical appointments between 8:00 a.m. and 5:00 p.m. in Boston and the west suburban area. To be eligible an individual needs to be over the age of 60, unable to get to medical appointments	617-926-4100

independently, and able to get in and out of the car with minimal assistance. An individual is responsible for tolls and parking fees. The requested donation is \$4.00 each way. Call Springwell at least one week before an appointment.

**Belder Bus
Belmont COA**

Food Shopping, Community Dining Site, Senior Center
The Belder Bus provides curb to curb transportation for shopping and to the elder lunch site. The Belder Bus goes to Shaw's (Star Market) on Tuesday and Friday mornings, and to the Arsenal Mall on the first and third Wednesdays of the month. The Belder Bus also provides transportation to the nutrition site daily and Belmont residents can get rides to programs at the Senior Center. Please call the COA for information.

617-993-2970

The RIDE

Medical, Non Medical, Adult Day Health
The RIDE is operated by the MBTA and it is handicapped accessible. The RIDE provides medical and non-medical transportation on a space-available basis to many destinations, including adult day health centers. The program requires an application, which must be approved by a physician, nurse, or licensed social worker. When approved, an identification number is assigned to the client. The client maintains a balance of funds with the RIDE by using one of the following: credit card, debit card, check or money order; \$2.00 flat fee is deducted for each ride regardless of area traveled.

For application
617-222-5123

To set up a ride
877-765-7433