

Springwell Nutrition Program

Woodland Towers-Weekend Luncheon Menu AUGUST 2018

Lunch is served at 12:30pm

\$2.00 donation is suggested per meal.

To make a reservation, please call 617-923-2769

| SATURDAY | SUNDAY | MONDAY |
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| AUGUST 4TH Honey Mustard Chicken Whipped Potatoes Broccoli Rye Bread Pineapple Tidbits | AUGUST 5TH Breaded Pork Patty w/Gravy Spinach Winter Squash Wheat Roll Diced Pears | |
| AUGUST 11TH Meatloaf w/Gravy O'Brien Potatoes Zucchini & Tomatoes Wheat Bread Butterscotch Pudding w/Topping | AUGUST 12TH Beef Stew Green Beans Multigrain Bread Fruit Cocktail | *** = HIGH SODIUM |
| AUGUST 18TH Turkey Slice w/Gravy Whipped Potatoes Country Blend Vegetables White Bread Tropical Fruit | AUGUST 19TH Ham w/Raisin Sauce Mashed Yams Collard Greens Wheat Roll Oatmeal Raisin Cookie | |
| AUGUST 25TH Veal Parmesan w/Tomato Sauce Spaghetti Noodles w/Tomato Sauce Green Peas Italian Bread Raisin Spice Cake | AUGUST 26TH Oven Fried Chicken w/Gravy Sweet Potato Casserole Green Beans Rye Bread Gingerbread w/Whipped Topping | Each lunch is served with Milk & Margarine. |

All meals are served with 1% milk.